The Cerebellum Shrinks Faster Than Normal Ageing in Alzheimer's Disease but not in Mild Cognitive Impairment

Hossein Tabatabaei-Jafari ^D,* Erin Walsh, Marnie E. Shaw, and Nicolas Cherbuin, for the Alzheimer's Disease Neuroimaging Initiative (ADNI)

Centre for Research on Ageing, Health and Wellbeing, The Australian National University, Canberra, Australia

Abstract: Background: While acceleration in age-related cerebral atrophy has been well documented in Alzheimer's disease, the cerebellar contributions to this effect have not been thoroughly investigated. Objective: This study investigated cerebellar volume and atrophy rate using magnetic resonance imaging in individuals with normal cognition (CN), mild cognitive impairment (MCI), and Alzheimer's disease (AD). Methods: Two hundred twenty-nine CN, 398 MCI and 191 AD participants of stage I ADNI database with screening scans were evaluated for cerebellar volume. Of those, 758 individuals with two or more follow-up scans were categorized into stable, converted, and reverted CN, MCI and AD and evaluated for cerebellar atrophy rate. Results: Cerebellar volume was 2.5% larger in CN than in those with AD but there were no differences between CN and MCI and MCI and AD in cross-sectional analysis. Similarly, the atrophy rate was 49% larger in AD and 64% larger in MCI who converted to AD but no difference was detected between CN and MCI. There were no association between education and APOEe4 and cerebellar volume or cerebellar atrophy across the diagnostic groups. Conclusion: Cerebellar atrophy contributes to Alzheimer's clinical progression but mostly at the late stage of the disease. However, even in the late stage shrinkage rate is less than the average of the shrinkage in the cerebrum and is not associated with AD moderators. This suggests that cerebellar involvement is secondary to cerebral involvement and can be due to network connection spread regardless of the primary pathology. Hum Brain Mapp 38:3141–3150, 2017. © 2017 Wiley Periodicals, Inc.

Key words: Alzheimer's disease; mild cognitive impairment; cerebellar atrophy; cerebellum; magnetic resonance imaging

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INTRODUCTION

The human cerebellum is a brain structure well known for its role in motor function and recently has drawn attention for its implication in cognitive functions [Schmahmann and Sherman, 1998; Stoodley, 2012; Weier et al., 2014; Wolf et al., 2009]. It is connected to almost all parts of the nervous system, comprises more than 50% of the total brain neurons, but surprisingly contributes to only 10% of the whole brain volume [Andersen et al., 1992]. This mismatch is a reflection of the difference in neural architecture. Gray matter makes up 80% of the cerebellar volume (compared with less than half for the cerebrum) [Hoogendam et al., 2012] and consists of densely packed small granular neurons tightly folded which are less diverse compared to those of the cerebral cortex. In contrast to the variety of cytoarchitectonic organisation observed in different regions of the cerebral cortex, all regions of the cerebellar cortex appear similar in histological sections [Standring, 2008]. Specific histological architecture in addition to rich connections to the other parts of the brain makes the cerebellum an important region to investigate in the context of neurodegenerative disorders.

Pathologically, Alzheimer's disease (AD) is characterized by abnormal intra and extra cellular protein aggregations, i.e., intracellular tau phosphorylation and extracellular β-amyloid deposition. Studies using positron emission tomography (PET) revealed significant correlations between postmortem and in vivo presence and density of amyloid plaques and phosphorylated tau: ¹¹C-labeled Pittsburgh compound B (¹¹C-PiB) [Driscoll et al., 2012] and Florbetapir-PET imaging [Clark et al., 2011] for β-amyloid deposition and labelled THK5117-PET [Lemoine et al., 2015] for aggregated hyperphosphorylated tau. PET studies suggested no difference in the cerebellar uptake in AD and cognitively normal (CN) participants [Jack et al., 2008b; Jonasson et al., 2016; Rowe et al., 2007] and therefore it has been adopted as a normalizing area for standardized uptake values (SUVs) [Jonasson et al., 2016; Lopresti et al., 2005].

Although AD related shrinkage and neuronal death are thought to be associated with and possibly due to β -amyloid deposition and tau aggregation [Wang et al., 2002], their topological patterns and progression are different [Braak and Braak, 1991; Thal et al., 2002]. Moreover, the pattern of regional brain atrophy in AD does not follow precisely either β-amyloid or tau topological patterns [Sluimer et al., 2009]. Therefore, normal level of β -amyloid deposition and tau aggregation may not rule out the presence of neuronal loss or shrinkage in the cerebellum. A recent postmortem stereological study suggested no significant differences in the cerebellar total Purkinje and granular cell number nor in the volume of the granular layer between severely demented Alzheimer's disease (AD) and normal individuals [Andersen et al., 2012]. However, this finding is inconsistent with a previous study that showed a significant reduction in the granular layer in AD [Wegiel et al., 1999] although both studies reported significant reduction in whole cerebellar

volume. These somewhat inconsistent findings may be due to the fact that these studies were postmortem (cross-sectional) with low sample sizes (20 and 16 subjects, respectively) in qualitatively different cohorts and thus afforded low statistical power.

To bypass the inevitable limitations of post mortem studies (single measurement occasion and small sample size), structural neuroimaging techniques including magnetic imaging are the best available option for longitudinal examination of brain volume change over time. Our recent published systematic review [Tabatabaei-Jafari et al., 2015] revealed that there is no morphological longitudinal study aimed at comparing cerebellar structural change in normal ageing and cognitively impaired populations including mild cognitive impairment (MCI) and Alzheimer's disease. Therefore, the main aim of this study is to evaluate crosssectional and longitudinal structural differences in the cerebellum across cognitively different populations including CN, MCI, and AD.

METHODOLOGY

Study Participants

Data used in the preparation of this article were obtained from the Alzheimer's Disease Neuroimaging Initiative (ADNI) database (adni.loni.usc.edu). The ADNI was launched in 2003 as a public–private partnership, led by Principal Investigator Michael W. Weiner, MD. The primary goal of ADNI has been to test whether serial magnetic resonance imaging (MRI), positron emission tomography (PET), other biological markers, and clinical and neuropsychological assessment can be combined to measure the progression of MCI and early AD.

All individuals participating in ADNI1 study who underwent MRI screening and diagnostic evaluations were included in the cross-sectional analysis and categorized into three diagnostic groups: CN, MCI, and AD. Participants with additional scans in follow-up assessments were included in the longitudinal analysis and categorised into more specific diagnostic groups according to the diagnosis at the first and last scanning time points. Details of the diagnostic criteria can be found on the ADNI web site (http://www.adni-info. org/Scientists/AboutADNI.aspx). Briefly, participants were categorized as CN if they had a Mini Mental State Examination (MMSE) score higher than 24, a Clinical Dementia Rating (CDR) of 0 and were not diagnosed with MCI, dementia or depression. Participants were categorized as MCI if they had a MMSE score higher than 24, a subjective report of memory concern, a measured objective memory loss, a CDR of 0.5, absence of dementia and preserved daily living activities. Participants were categorized as AD if they had a MMSE score lower than 26, a CDR of 0.5 or 1.0, and fulfilled criteria for clinically probable AD according to the Institute of Neurological and Communicative Diseases and Stroke/ Alzheimer's Disease and Related Disorders Association. Participants with follow-up evaluation were categorized

into stable, converted or reverted CN, MCI, and AD according to the first and last time points diagnoses: stable if the first and last evaluation were similar, converted if the last evaluation progressed to declined cognitive diagnosis and reverted if the last evaluation was improved.

Image Acquisition

Participants underwent a high-resolution MRI scans of the brain on 1.5 T scanners from General Electric, Siemens, or Philips (Milwaukee, WI; Germany; The Netherlands, respectively) across multiple scanners using a standardized MRI protocol for 3D MP-RAGE sequences [Jack et al., 2008a] and following parameters: TR = 2,400 ms, minimum full TE, TI = 1,000 ms, flip angle = 8°, 24 cm field of view, acquisition matrix of 192 × 192 × 166 and yielding $1.25 \times 1.25 \times 1.2 \text{ mm}^3$.

Segmentation and Image Analysis

Volumetric segmentation were conducted by the ADNI team at the University of California, San Francisco using FreeSurfer version 5.1 for longitudinal analyses [Reutera et al., 2012]. The cerebellum was automatically segmented into gray matter and white matter. Sum values of the gray and white matter were considered as hemisphere volume and total of left and right were considered as cerebellar volumes.

Statistical Analysis

The R statistical software (version 3.1.1) was used for the cross-sectional and longitudinal analyses. The intra-class correlation coefficient (ICC) for the repeated longitudinal cerebellar volumes measurements was 0.98 (95%CI 0.9803–0.9843), which indicates that most of the variance (~96%) occurs between participants while only 4% occurs within participants.

Nonparametric locally weighted scatterplot smoothing (LOWESS) was used to visually inspect the data to determine whether linear models were appropriate. The LOW-ESS approach uses weighted least squares (giving more weight to points near the point whose response is being estimated) to estimate the mean response value at each time point and provide a smooth line representing the relationship between dependent and explanatory variables, when there are no assumptions about the relationship. The LOW-ESS plots for cerebellar volume versus age suggested that linear modeling of the relationship between cerebellar volume and age was appropriate for cross-sectional and longitudinal analyses since little departure from linearity was observed across groups except for CNc, which assumed to be due to low sample size i.e. 19 participants (Fig. 1).

The lme4 package (version 1.1-7) was used to conduct linear regressions analyses. In cross-sectional analyses, multiple linear regressions were conducted to investigate



Figure I.

Locally weighted smoothed mean measurement trajectory (LOW-ESS plot) of cerebellar volumes vs. age. (**A**) Three clinical groups including cognitively normal (CN), mild cognitive impairment (MCI), and Alzheimer's disease (AD) in cross-sectional level. (**B**) Five clinical groups including stable cognitively normal (CNs), cognitively normal converted to mild cognitive impairment (CNc), stable mild cognitive impairment (MCIs), mild cognitive impairment converted to AD (MCIc), and stable Alzheimer's disease (ADs) in serial scans. [Color figure can be viewed at wileyonlinelibrary.com]

the cross-sectional relationship between cerebellar volume and clinical diagnosis status. Cerebellar volume was applied as dependent variable and age (centred on 55, the youngest participants at baseline), gender, education, APOE e4, diagnosis and intracranial volume (ICV) were considered as explanatory variables. In longitudinal analyses, mixed effects models were applied with the same explanatory variables for linear regressions in addition to a random effect by scanner and two random effects by subjects: a random intercept and a random slope for age at each time point. The random slope of time (centred age at each time point) was tested in a minimally controlled model and if statistically significant was included in the model as random effect [Bernal-Rusiel et al., 2013]. A time by clinical diagnosis group interaction effect was tested to determine whether the rate of change in cerebellar volume differed between groups. Fixed effect of age on cerebellar volume for each diagnostic group was considered as cerebellar atrophy rate.

	Cros	s-sectional (N =	= 818)				Longitudina	al $(N = 758)$			
	CN	MCI	AD	CNs	CNc	MCIs	MCIc	CN to AD	ADs	MCIr	ADr
No. participants	229	398	191	196	19	193	161	2	172	13	2
Age at baseline (vr) (SD)	75.87 (5.02)	74.74 (7.39)	75.27 (7.46)	75.76 (5.03)	77.45 (5.22)	75.00 (7.42)	74.73 (6.71)	80.55 (3.61)	75.12 (7.61)	73.43 (9.96)	79.50 (4.38)
Male sex, n (%)	119 (52)	257 (65)	100 (52)	103 (53)	11 (58)	124 (64)	101 (63)	0 (0)	91 (53)	669) 6	2 (100)
Education	16.07 (2.86)	15.64 (3.03)	14.70 (3.15)	16.13 (2.88)	15.95 (2.39)	15.45 (3.15)	15.84 (2.81)	15.00 (0.00)	14.77 (3.14)	16.00 (2.42)	16.00 (0.00)
(yr) (SD)	Ĕ										
APUEe4 (n) (%)	61 (27) 20 11 (0 00)	212 (53) 27 03 (1 78)	127 (67) 23 31 (2 04)	49 (22) 20 08 /1 06	8 (42) 20 32 (0 75)	92 (48) 77 77 (1 777)	(c4) 104 (c5) 104 (c2) 104 (c2	1 (50) 20 5 (0 71)	73 40 (1 97)	4 (31) 27 85 (1 77)	1 (50) 26 00 (0 00)
baseline (SD)	(///0) 11/7		(ID) I (ID)	(00.1) 00.72	(0.1.0) 70.12				(1/11) 01-07	(111) 00.17	(00.0) 00.07
CN cosnitively n	ormal· MCI m	ild coonitive in	nnairment [.] AD	Alzheimer's d	lisease. CNs s	table coonitive	ly normal coo	nitively norma	Converted to	mild coonitive	impairment.
MCIs, stable mild	l cognitive imp	airment; MCIc,	mild cognitive	e impairment o	onverted to A	Izheimer's dise	ase; Ads, stabl	e Alzheimer's o	disease; MCIr,	mild cognitive	impairment
reverted to cogni	itively normal;	ADr, Alzhein	ner's disease re	everted to mild	d cognitive in	npairment; AP	'OEe4, Apolipo	protein alleles	s e4 genotype;	MMSE, mini-	mental state

The final models were visually checked for any obvious deviations from homoscedasticity, normality of residuals, and linearity. Likelihood ratio test of the model with the effect in question against the model without was used to determine statistical significance.

RESULTS

Demography

Cross-sectional

Eight hundred eighteen participants were categorized into CN, MCI, and AD. There were no significant differences in age across the groups, but significant differences in gender and APOE e4 distributions among the diagnostic groups. The male ratio was higher in MCI and, as expected, APOEe4 frequencies were significantly higher in MCI and AD. AD participants were significantly less educated than CN (Table I).

Longitudinal

Of 818 participants with screening scans 758, who had one or more follow-up scans and cognitive tests, were included in the longitudinal part. They were categorized into different diagnostic groups according to the first and last time points diagnoses: stable CN (CNs), CN converted to MCI (CNc), stable MCI (MCIs), MCI converted to AD (MCIc), stable AD (ADs), CN converted to AD, MCI reverted to CN (MCIr), and AD reverted to MCI (ADr). There were no significant differences in age and education across the diagnostic groups except for education between CNs and ADs. Pearson χ^2 test revealed no significant difference in gender distribution but a significant difference in APOEe4 distributions between diagnostic groups. APOEe4 distributions were higher in MCIs than CNs and in ADs than CNs. The mean follow-up period across the groups was 2.54 (1.20) years, which was shorter in MCIs and ADs compared with CNs.

Cross-Sectional Results

A significant association between cognitive diagnosis and cerebellar volume ($F_{(2,811)} = 3.95$, P < 0.01) was detected.

Pairwise comparisons demonstrated (3,400 mm³; ~2.5%) larger cerebellar volume in CN compared to AD ($F_{(1,413)} = 9.82$, P < 0.001), but no differences between CN and MCI ($F_{(1,620)} = 3.40 P > 0.1$), and MCI and AD ($F_{(1,582)} = 1.62, P >$ 0.1). Table II presents the mean ICV-adjusted cerebellar volumes and the fixed effect of age for the three diagnostic groups. Although, the average cerebellar volume was significantly smaller in AD compared to CN and MCI, the slope of decrease in cerebellar volume for each year increase in age was only 0.41% (CN; 0.34%, MCI; 0.42%, AD; 0.38%) and was not significantly different across groups ($F_{(2,809)} = 0.28, P > 0.5$) and in pair-wise comparisons (F < 0.5, P > 0.1). When all explanatory variables were included, the linear regression

examination

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	-2017		(010 -				гондини				
	CN	MCI	AD	CNs	CNc	MCIs	MCIc	CN to AD	ADs	MCIr	ADr
No. participants Baseline volume (mm ³) (SD) ^a	229	398	191	196	19	193	161	2	172	13	2
Total	123,249.80 (10.018.69)	122,394.90 (10.632.40)	120,706.90	131,276.60 (11.163.98)	132,820.00 (9.450.25)	130,319.50 (11_317.70)	130,154.90 (11.680.98)	131,354.80 (778.99)	129,524.10 (10.838.42)	131,603.50 (10.703.89)	114,157.80 (17.439.08)
Left	61,739.12 (6530 80)	60,420.98	60,193.35 77 254 14)	(5,382.32 (5,774.73)	(66,270.67	(54,842.59 (54,882.59	(5 030 78)	(3,636.93 (154.53)	64,600.50	(5,556.00 (5,127.40)	57,525.16
Right	(00.2020) 62,498.44 (6 404 02)	(0,±01.27) 61,213.30 (6584.98)	(7 379 76)	(5,894.26 (5,894.26 (5,570.00)	(4,040.20) (66,549.30 (4,843 58)	(5,476.95 (5,784.85)	(5,220.46 (5,220.46 (5,943.95)	(5,717.89)	(0,707.11) 64,923.62 (5 575 67)	(0,047.48 (56,047.48 (5,681.92)	(2,207.00) 56,632.64 (8.051.40)
Follow-up period (yr) (SD)				3.12	3.52	2.41	2.84	2.99	1.61	2.68	3.45
No. scan	1	1	1	(1.10) 4.81 (1 15)	(0.73) 5.21 (0.86)	(1.24) 4.76 (1.57)	(1.00) 5.38 (1.37)	(0.00) 5.00 (0.00)	(0.02) 3.48 (0.38)	(1.07) 4.31 (1.44)	(0.70) 4.00 (0.00)
Last scan volume (mm ³) (SD) ^b				(01.1)	(00.0)	((00.0)	(00.0)	(****)	(00.0)
Total				129,686.50 (11.392.32)	130,245.70 (9.597.18)	129,016.00 (11.286.36)	127,633.00 (11.669.41)	130,699.20 (3,139.66)	128,100.80 (10.866.31)	131,491.30 (10.366.15)	118,023.80 (7.945.15)
Left	I			64,607.51	64,839.90	64,181.13	63,673.82	65,943.72	63,894.04	65,287.25	59,466.88
				(5,804.00)	(5,017.74)	(5,647.45)	(5, 896.68)	(1, 230.14)	(5,467.48)	(5, 149.04)	(4,355.83)
Right				65,078.97 (5 704 68)	65,405.81 (4 766 31)	64,834.86 (5 813 87)	63,959.14 (5 960 80)	64,755.50 (1 909 52)	64,206.73 (5 560 26)	66,204.10 (5 307 67)	58,556.96 (3 589 32)
Coef. of age (CS)/atrophy rate (longi) ^c (mm ³ /vr) (SE)											
Total	-417.90	-531.60	-463.50	511.98	615.84	498.71	833.04	р 	747.84	373.60	g
	(128.80)	(70.33)	(100.70)	(53.27)	(120.36)	(68.52)	(79.52)		(80.79)	(201.40)	
Left	-192.90	-256.30	-238.30	249.79	347.77	249.66	412.00		362.69	153.72	
	(66.25)	(35.39)	(50.17)	(28.39)	(62.36)	(37.03)	(41.59)		(41.92)	(83.20)	
Right	-225.00	-275.30	-225.30	262.54	271.53	248.74	419.13		374.76	200.00	
	(64.35)	(36.09)	(51.90)	(26.66)	(66.57)	(33.28)	(39.83)		(40.90)	(95.16)	
^a The mean of cerebellar volume i	adjusted by the	e intra cranial	volume for th	ne cross-sectio	nal part and l	oaseline volui	ne adjusted b	y the intra cra	nial volume fo	or the longitud	inal part.
^b Adjusted by the intra cranial v	volume.	Loto cuttor	ail odt mont		, adianata da	cincus cutai	,	adou oduooti	IOUV Pro re		
Trixed effects of age for the cro the longitudinal data; extracted	from the line	ata; extracted ar mixed effe	t from the lin sets model ad	ear regressio ljusted by int	n adjusted p ra cranial vo	/ intra crania lume, gender	I volume, gel , education a	nder, educand nd APOEe4.	on and AFUE	le4, and atrop	ny rate tor
^d Insufficient data for calculation	÷)					
CN, cognitively normal; MCI, 1 ment: MCIs stable mild comit	nild cognitive ive impairme	e impairment; nt: MCIG mi	; AD, Alzheir Id comitive	mer's disease immant (; CNs, stable	cognitively Alzheimer's	hormal; cogn disease: Ads	itively norma stable Alzbe	l converted t simer's disea	o mild cognit	ive impair- d comitive
impairment reverted to cogniti	vely normal;	ADr, Alzheir	ner's disease	reverted to	mild cognitiv	r impairmer	ut; APOEe4, .	Apo lipoprote	ein alleles e4	genotype; M	MSE; mini-
mental state examination.											

◆ Cerebellar Changes in MCI and AD ◆





Linear prediction of the cerebellar volumes for age at time points. (**A**) Prediction of the cerebellar volumes in three clinical groups including cognitively normal (CN), mild cognitive impairment (MCI) and Alzheimer's disease (AD) in cross-sectional level. (**B**) Prediction in subject and group (population) levels in five diagnostic groups including stable cognitively normal (CNs),

model explained 44.7% of the variance in cerebellar volume ($F_{(8,809)} = 83.61$, P < 0.0001) mostly explained by ICV (37.9%) with 7.7% explained by age alone, and 0.7% by clinical group.

The scatters plot presenting the association between age and cerebellar volume for each group also revealed an initial cognitively normal converted to mild cognitive impairment (CNc), stable mild cognitive impairment (MCIs), and mild cognitive impairment converted to AD (MCIc) illustrating different slops for the diagnostic groups. [Color figure can be viewed at wileyonlinelibrary.com]

overlap of CN and MCI regression lines followed by deviation of MCI regression line to AD line suggesting that cerebellar volumes are highly similar in CN and MCI at younger ages but lower in MCI in older individuals (Fig. 2A). In contrast the AD regression line while following a similar

	CNs vs	s. CNc	CNs vs	s. MCIs	CNs vs.	. MCIc	CNs v	s. ADs
	Model 1	Model 2	Model 1	Model 2	Model 1	Model 2	Model 1	Model 2
Intercept	142,212.26	146,127.2	139,769.58	139,091.58	137,510.50	139,282.56	138,821.74	141,244.50
T	(4,460.56)	(6,078.7)	(3,247.02)	(3, 445.00)	(3,521.38)	(3,755.78)	(3,172.06)	(3,523.62)
Volume slope in		-4,286.9		1,745.53		-3,236.69		-1,504.24
CNs (mm ³ /yr) (SE)		(4, 450.6)		(2, 164.33)		(2,257.59)		(2, 371.78)
$\Pr(> t)$	Ι	0.3366^{a}		0.421^{a}		0.1525^{a}		0.5263^{a}
Shrinkage slope in	I	100.9	I	-19.72	I	312.57	I	214.37
CNs (mm ³ /yr) (SE)		(163.6)		(84.54)		(91.80)		(94.66)
$\Pr(> t)$	Ι	0.5382^{a}		0.816^{a}	Ι	0.0007 ^d		0.0240^{b}
Loglik	-9,793	-9,793	-1,7438	-1,7438	-1,6960	-1,6951	-14,515	-14,509
Chisq	1.01	95	1.3(075	17.1	26	10.8	384
Chi df	2			0	2			
Pr (>Chisq)	0.60	06 ^a	0.52	201 ^a	0.001	911 ^d	0.004	1332°
^a Significant code: >0.1. ^b Significant code: <0.01. ^c Significant code: <0.001. ^d Significant code: <0.0001.								
CN, cognitively normal; C mild coontrive impairment	Ns, stable cognitiv	ely normal; CNc, eimer's disease: A	cognitively normal Ds_stable_Alzbeim	converted to mild	cognitive impairme	ent; MCIs, stable n	nild cognitive impa	uirment; MCIc,

slope had a clearly different intercept suggesting a constant smaller cerebellar volume in AD across the age span investigated. Similar patterns were demonstrated for the left and right cerebellar volumes (Table II).

Longitudinal Results

The linear mixed model achieved a good fit and fixed factors in the model explained 43% (marginal R^2) while fixed and random factors together explained 99% (conditional R^2) of variance in cerebellar atrophy. A significant negative fixed effect of age was detected ($\chi^2_{(1,9)} = 586.99$, P < 0.0001); each year beyond age 55 was associated with a 0.47% lower cerebellar volume compared to baseline. Additionally, a significant random effect of age on cerebellar volume ($\chi^2_{(2,18)} = 227.92$, *P* < 0.0001) and interaction between age and diagnosis ($\chi^2_{(7,25)} = 22.72$, *P* < 0.01) were detected. The model revealed no differences in cerebellar volume across the diagnostic groups ($\chi^2_{(7,18)} = 11.31$, P > 0.1), i.e., the average of cerebellar volumes in CNs, CNc, MCIs, MCIc, and ADs were not significantly different. However, a significant effect of cognitive diagnosis on cerebellar atrophy rates was detected ($\chi^2_{(7,25)} = 22.71$, P < 0.001). There was also a significant effect of gender on cerebellar volume (1,18) = 14.12, P < 0.001) with less shrinkage in male.

An annual shrinkage of 0.36% (SE = 0.04) was detected in CNs individuals. A pairwise comparison revealed that it was not significantly different in MCIs (0.36%/year, SE = 0.05) and CNc (0.42%/year, SE = 0.08); however, it was about 49% larger in ADs (0.53%/year, SE = 0.06). Similarly, the atrophy rate was about 64% larger in MCIc (0.62%/year, SE = 0.06) compared to CNs (Tables II and III). The annual atrophy was also about 53% larger in ADs than MCIs ($\chi^2_{(2,13)} = 8.67 P < 0.01$) and 68% larger in MCIc than MCIs ($\chi^2_{(2,13)} = 12.57$, P < 0.001; Table II). CN who converted to AD, MCI who reverted to CN and AD who reverted to MCI were excluded from pairwise comparison due to small samples sizes. Atrophy trajectories across groups are presented in Figure 2B.

Similar patterns of findings were observed for the left and right cerebellar volumes (Table II), as well as left and right cerebellar gray matter and white matter volumes.

DISCUSSION

This study aimed to investigate cerebellar shrinkage in normal ageing and preclinical (MCI) and clinical phases of AD. It revealed that cerebellar shrinkage occurs mostly in the late stages of the disease. The main findings were that (1) in cross-sectional analyses cerebellar volume was larger in CN compared to AD but not compared to MCI, (2) in longitudinal analyses cerebellar atrophy was higher in ADs and MCIc compared to CNs but not in CNc and MCIs, and (3) APOEe4 was not a significant predictor of baseline cerebellar volume nor of cerebellar atrophy across clinical groups.

Cross-Sectional

The smaller cerebellar volume observed in AD compared to CN and no difference between MCI and CN are in agreement with available cross-sectional studies reporting smaller cerebellar volume in AD [Kusbeci et al., 2009; Moller et al., 2013] but normal volume in MCI [Thomann et al., 2008; Yoon et al., 2013]. This discrepancy is consistent with the documented progression of AD pathology. However, the cerebellum can be parsed functionally and morphologically into different subdivisions and it is likely that AD pathology targets each subdivision differently. Previous voxel-based morphometric studies showed bilateral lower gray matter density in lobule VI [Colloby et al., 2014] and Crus I/II [Guo et al., 2016] in AD compared with CN, suggesting that network-selective vulnerability underlies the cerebellar neurodegeneration [Guo et al., 2016]. Regardless of selective or nonselective volume loss in the cerebellum and its subregions, cross-sectional approach needs to be affirmed by tracking atrophy in a longitudinal approach.

Longitudinal

The negative association between age and cerebellar volume is consistent with that demonstrated in the crosssectional analysis (0.41%/year in cross-sectional and 0.47% in longitudinal). Pairwise analyses demonstrated significantly larger cerebellar atrophy rates in ADs and MCIc but not in CNc and MCIs compared to CNs. This pattern of results is suggestive of an increasing rate of cerebellar atrophy with progression of AD pathology. It is also consistent with the chronological development of AD pathology with progressive spreading of tau fibrillatory tangles (Braak stages), amyloid deposition, and subsequently gradual decline in cognitive function [Murray et al., 2015]. As Thal et al. demonstrated, clinically diagnosed AD occurs in the amyloid phase 3 to 5 while the cerebellar involvement mostly occurs in the fifth phase [Thal et al., 2002]. Thus, the available evidence suggests that the cerebellum is relatively spared of neurodegeneration in the preclinical stages of the disease and gradually becomes affected as the clinical presentation fully develops. However, it remains unclear whether association of the cerebellum with AD clinical progression is due to spreading of fibrillary tangle and/or amyloid deposition, or secondary to cerebral neurodegeneration.

Although the findings suggest shrinkage in the cerebellum with ageing and larger cerebellar atrophy in ADs compared with CNs and MCIs, it is worthy to consider that cerebellar atrophy in the diagnostic groups were less than that reported for whole brain atrophy (CNs: 0.36%/ year versus 0.57%/year; MCIs: 0.36%/year versus 1.02%/ year; ADs: 0.53%/year versus 1.90%/year) [Henneman et al., 2009; Tabatabaei-Jafari et al., 2015]. This is in contrast to brain areas characteristics for AD pathology, including hippocampus and entorhinal cortex, for which atrophy rates are roughly 200% higher for MCI and 300% higher for AD compared to normal ageing [Desikan et al., 2008; Tabatabaei-Jafari et al., 2015], further emphasising the relative resistance of the cerebellum to AD related degeneration. However, despite the small effect size and partial resistance, the cerebellum is not intact in AD pathology and future investigation is needed to elucidate the impact of cerebellar atrophy on uptake measurement when using the cerebellum to standardise FDG uptake in PET studies.

Covariates and Correlates

Age is a common predictor for CN and AD-related brain atrophy and all cognitive groups in the current study were matched for age. However, they were differences in gender distribution, education and APOEe4 alleles-the most wellknown risk factors of AD pathology-as were expected. An effect of sex on cerebellar volume was detected such that males showed less cerebellar atrophy than females. However, no significant association between education or APOEe4 alleles and cerebellar volume were detected. APOEe4 is a known moderator of hippocampal atrophy in AD pathology [Tabatabaei-Jafari et al., 2015], therefore it might have been expected that carrying the APOEe4 allele would be associated with increased cerebellar atrophy. However, this was not the case in our findings. It may indicate that while neurodegeneration in the cerebrum is directly related to the development of neurofibrillary tangles and β-amyloid deposition which occurs at higher rates in APOEe4 carriers, cerebellar atrophy is the product of secondary processes associated with cerebral neuronal loss, Wallerian degeneration, and widespread disconnection. To clarify this question future investigations need to further elucidate the impact of risk factors in different AD clinical stages.

Strengths and Limitation

This study is unique in using in vivo evaluation of the cerebellum with a reasonable follow up period in a relatively large sample while computing both cross-sectional and longitudinal estimates and using advanced and well-controlled mixed-effects models. Most AD related cerebellar studies conducted to date have been postmortem or if in vivo, cross-sectional in design, thus raising questions as to the precision and generalizability of their estimates. Consequently, the present study fills an important gap. However, it should be noted that this investigation was restricted to the gray and white matter volumes in the left and right cerebellum and therefore do not provide information on the cerebellar subregions.

CONCLUSION

The cerebellum is often thought to be spared from neurodegenerative processes but the present findings indicate that this is not the case. The present findings demonstrate that although the cerebellum is not significantly affected in the preclinical phase of AD (i.e. MCI), it is affected in the clinical phase. However, acceleration in atrophy rate is less than the average of the atrophy in the cerebrum and it is not associated with AD moderators (education and APOEe4 status). These findings in addition to previous evidence of network-selective vulnerability of the cerebellum suggest that AD-related cerebellar atrophy might be secondary to the development of AD pathology in the cerebrum rather than the cerebellum itself. Therefore, modifying interventions targeting the non-specific network progression is a potential therapeutic option additional to interventions targeting the specific pathological process.

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